

Beginning on Monday the 27th of April 2020 you`re required by law to wear a face mask when going shopping or using the public transport system.

Instructions for the use of a face mask



The Corona virus is mainly spread through air. Tiny drops are produced when we talk(less common), cough or sneeze(main reasons).

That is why we use face masks. They not only protect you from the Virus but also the people surrounding you. Since you can be unknowingly infected.

How to put the face mask on? Only use clean and germ-free masks!

- **Thoroughly wash your hands before putting the mask on!!!**
- The face mask must cover both mouth and nose and should be close fitting to the face.
- Can you breathe regularly through the mask? If not use a different fabric.
- **NEVER** take the mask off should you need to sneeze or to cough. Please sneeze or cough into the mask.

How to take the face mask off?

- You should take the mask off or change into another mask when the mask is soaked at the latest
- **Don` t touch the mask itself only the attached elastic-strip.**
- Take the mask off by removing the elastic-strip from your ears.
- Then **place the face mask immediately in a closed container**(like a lockable plastic bag)but only keep it there for a short time as it can mold. At the next chance wash it or cook it out so its germ-free again.
- **Wash your hands thoroughly with soap(20- 30 sec.)**



How to clean and wash a worn face mask?

- You can cook the face mask out (for at least 5 minutes as you would do with a baby-bottle) **OR**
- Wash the mask at a temperature no less than 60°C **OR**
- Decontaminate the mask with dry heat between 60°C and 70°C in the oven (remove the elastic strips first) **OR**
- Iron the face mask for a minute on the highest setting.

If the face mask has rips or has been washed to many times please use a new one.